

# Public Health - B.S.

The Public Health bachelor's degree program prepares graduates for entry-level health-profession careers in such areas as health education, health promotion, research, monitoring and evaluation, and health and policy administration. Additionally, it prepares graduates seeking post-baccalaureate entry into graduate programs such as public health, public policy, health management, law and health informatics. Students can take additional electives in management that can help to prepare graduates for entry-level health-profession careers in such areas as health administration and management, consulting, quality improvement in healthcare, and policy administration.

The curriculum is based on a strong foundation in the population health sciences along with coursework in the arts and sciences. Content in the areas of health and wellness is emphasized. An interdisciplinary team of educators provides holistic exposure to nutrition, exercise science, psychology, sociology, public health, business and economics, and their importance to patient-centered, humanistic healthcare delivery.

The Public Health degree program emphasizes the application and synthesis of knowledge and develops graduates who are the problem-solvers and critical-thinkers of tomorrow in both domestic and global health systems and communities.

Upon completion of the program, graduates are expected to:

- Apply fundamental biologic, socio-economic, behavioral, ethical, cultural and spiritual principles to the practice of health and wellness.
- Synthesize foundational knowledge and the results of inquiry and research.
- Effectively communicate health and wellness principles to diverse populations.
- Work collaboratively as a member of a health and wellness team to improve individual and community outcomes.
- Compare and discuss major local, national and global health challenges related to healthcare access and outcomes.

Public Health students take basic science courses in anatomy and physiology, exercise physiology and life science. Courses examine patterns of population health and disease, the organization and social structures through which health services are delivered/received, and community needs assessment and planning. Additional emphasis is placed on courses in counseling, health education, psychology and health policy. In consultation with advisers, students may select courses that specifically prepare them for positions in the public health arena, such as health policy analysts, consultants, health promotion coordinators and educators, and a variety of jobs in both state and federal government.

## Public Health

A four-year program leading to the bachelor of science degree

### Major Courses

CULN2414	Cooking for Health and Wellness	3
HSC1010	Introduction to Health Professions	1
HSC1100	Determinants of Health	3
HSC1230	Introduction to Public Health	3
HSC2100	Epidemiology	3
HSC2130	Mindfulness for Health & Wellbeing	3
HSC2230	Introduction to Global Health	3
HSC2400	Research Methods for Health Science	3
HSC3300	Comparative Healthcare Systems	3
HSC4100	Health Policy, Ethics and the Law	3
HSC4900	Data and Evidence in Health: Research Capstone	3
PSYC2002	Abnormal Psychology	3
SCI1015	Introduction to Life Science	3
SCI2020	Introduction to Exercise Physiology	3
SCI2031	Anatomy and Physiology	3

### Major Electives

Choose 15 credits from the following: BIO, CHM, ECON, ESS, HSC, PHY, PSCI, PSYC, SCI, SOC \*

### Applied/Experiential Learning

Choose 6 credits from the following:

CHW4799	College of Health & Wellness Internship <sup>lc</sup>	6
DEE3999	Directed Experiential Education <sup>D</sup>	
	Study Abroad <sup>5a</sup>	

<b>A&amp;S Core Experience</b>		
Communications Foundation Courses		9
ENG1020	Rhetoric & Composition I	
ENG1021	Rhetoric & Composition II	
ENG1030	Communication Skills	
Integrative Learning		6
Two ILS courses, one at the 2000 level, one at the 4000 level		
Arts and Humanities		6
PHIL3240	Ethics: A Global Perspective	
One course from ART, HIST, HUM, LIT or REL		
Mathematics		6
MATH1020	Fundamentals of Algebra (or higher, based on student's placement)	
MATH2010	Introduction to Biostatistics	
Science		3
SCI1050	Nutrition	
Social Sciences		6
PSYC1001	Introductory Psychology	
One course from ANTH, ECON, GEND, LEAD, PSCI, RES or SOC		
A&S Electives		6
Two courses with an EASC attribute		
<b>Free Electives<sup>#</sup></b>		
15 credits selected from 1000-4999 numbered offerings within the university		15
<b>Total Credits</b>		<b>121.0</b>

\* Students selecting to focus in Occupational Therapy, Physical Therapy or Physician Assistant should consult with their faculty advisor prior to registration.

<sup>lc</sup>Typically, internships require a minimum of six credits. Students interested in a 9 or 12-credit internship can apply additional experiential learning and free elective credits, if available. Students are strongly encouraged to contact a faculty advisor before scheduling internship and free elective credits.

<sup>D</sup> Directed Experiential Education (DEE) opportunities are based on project availability with community partners and student eligibility. For more information, visit Experiential Education & Career Services (EE&CS).

<sup>5a</sup>To be eligible to count toward Applied/ Experiential Learning, a Study Abroad offering must meet certain requirements. Contact JWU Global to discuss eligible Study Abroad options for this degree program.

<sup>#</sup> In addition to classes, free elective credits may be applied to a number of options such as internship, study abroad, Directed Experiential Education courses and courses in a specialization or minor as relevant. For students who qualify for the J2 program, up to four graduate courses may apply. Students are strongly encouraged to contact a faculty advisor before scheduling free elective credits.

Note: Students must pass MATH0010 Pre-Algebra or have equivalent placement scores to enroll in required math courses.

Note: Students must pass ENG0001 Writing Workshop or have equivalent placement scores to enroll in ILS 2000-level courses.

Internships will be available but they will not be required. For online students who do not wish to register for an internship, 3000+ level college discipline-specific courses can be taken in place of the internship.

In collaboration with academic colleges across all JWU campuses, JWU Global Study Abroad programs offer a variety of international, domestic, and digital options for major, minor, free electives, experiential learning, and transferable courses. There are many affordable options for students during a semester, winter session, spring and/or summer breaks. Faculty-led, exchange, affiliate, and direct-enroll programs range in duration from one week to a full semester or full year. Financial aid may be applied, and some partners offer external scholarships. Premiere programs do not qualify for JWU scholarships or grants; however federal aid is available. Visit the study abroad website for information, program descriptions and online applications. Where will you go? Wherever you decide, make the best of your educational journey!