

# Nutrition - M.S.

The Master of Science in Nutrition is a 10 course, 30-credit program that provides the essential knowledge and skills for students to pursue or accelerate careers in nutrition science and dietetics.

The program is designed to provide graduate-level coursework for those with prior nutrition education experience.

This interactive curriculum focuses on courses relevant to dietetic professionals, builds upon knowledge gained in previous educational experiences, and hones practical application skills through evidence-based practice. Additionally, the program places significant emphasis upon applying current evidence to complex nutrition and dietetic challenges.

Upon completion of the program, graduates are expected to:

- Synthesize knowledge of nutrition and dietetics through research and application of advanced nutrition topics.
- Develop a comprehensive and science-based expertise in the nutrition and dietetics fields to educate appropriate stakeholders.
- Appraise relevant food and nutrition concepts in the wellness industry in order to help individuals and organizations promote disease prevention and health optimization.
- Develop comprehensive evidence-based practice through assessing contemporary published literature and integrating nutrition and dietetics knowledge and skills.

With access to relevant content and projects, students are prepared for careers in the fields of nutritional science, dietetics, human wellness and related areas.

NOTE: This program requires students to have an undergraduate degree in nutrition, dietetics or a related field. It does not meet the requirements for registered dietitian (RD) credentialing set forth by The Accreditation Council for Education in Nutrition and Dietetics (ACEND).

## Nutrition

### Master of Science

#### Foundation Courses \*

NUTR5010	Foundations of Nutrition I	3
NUTR5020	Foundations of Nutrition II	3

#### Core Courses

MATH5100	Statistical Methods	3
NUTR5100	Macronutrients in Human Nutrition	3
NUTR5200	Micronutrients in Human Nutrition	3
NUTR5300	Nutrition for Health and Wellness	3
NUTR5400	Nutrition for Athletic Performance	3
NUTR5500	Nutritional Counseling and Education	3
NUTR6100	Advanced Clinical Nutrition	3
NUTR6200	Grantsmanship and Publication	3
NUTR6900	Nutrition Capstone	3
RSCH5700	Research and Inquiry	3

**Total Credits** **30.0-36.0**

\* Foundation courses are required for students who do not have an appropriate background in nutrition.