

# Health Science - B.S.

## Curriculum

The Health Science bachelor's degree program prepares graduates for entry-level health-profession careers in such areas as health science, health promotion, public health, and health and policy administration. Additionally, it prepares graduates seeking postbaccalaureate entry into graduate programs such as physician assistant studies, physical therapy, occupational therapy, public health, counseling, general MBA and health informatics.

The curriculum is based on a strong foundation in the basic sciences along with the core public health subject areas. Content in the areas of health and wellness is emphasized. An interdisciplinary team of educators provides a holistic exposure to nutrition, exercise science, psychology, sociology, public health and economics, and their importance to patient-centered, humanistic healthcare delivery.

The Health Science degree emphasizes the application and synthesis of knowledge and develops graduates who are the problem solvers and critical thinkers of tomorrow.

Upon completion of the program, graduates are expected to:

- Apply fundamental biologic, socio-economic, behavioral, ethical, cultural and spiritual principles to the practice of health and wellness.
- Synthesize foundational knowledge and the results of inquiry and research.
- Effectively communicate health and wellness principles to diverse populations.
- Employ discipline appropriate tools, methods, and analytical approaches to study a problem/opportunity in public health research or practice.
- Work collaboratively as a member of a health and wellness team to improve individual and community outcomes.

The Health Science or pre-professional pathway contains specific physical science courses in biology, anatomy, physiology and chemistry. In consultation with their adviser, students choose additional courses that will prepare them for their individual career goals. Students in health science are prepared for jobs in medicine and research or for applying to graduate and professional schools in a number of areas.

## Health Science

A four-year program leading to the bachelor of science degree

### Major Courses

|         |  |   |
|---------|--|---|
| BIO1011 | General Biology - Cellular                     | 3 |
| BIO1016 | General Biology Laboratory - Cellular          | 1 |
| BIO1022 | General Biology - Organismal                   | 3 |
| BIO1026 | General Biology Laboratory - Organismal        | 1 |
| BIO2003 | Human Anatomy and Physiology I                 | 3 |
| BIO2006 | Human Anatomy and Physiology I Laboratory      | 1 |
| BIO2013 | Human Anatomy and Physiology II                | 3 |
| BIO2016 | Human Anatomy and Physiology II Laboratory     | 1 |
| HSC1010 | Introduction to Health Professions             | 1 |
| HSC1100 | Determinants of Health                         | 3 |
| HSC1230 | Introduction to Public Health                  | 3 |
| HSC2100 | Epidemiology                                   | 3 |
| HSC2400 | Research Methods for Health Science            | 3 |
| HSC4900 | Data and Evidence in Health: Research Capstone | 3 |

### Major Electives

Choose 17-18 credits from the following: BIO, CHM, ESS, HSC, PHY, PSYC, SCI, SOC <sup>a</sup> 17-18

### Applied/Experiential Learning

|                                      |   |   |
|--------------------------------------|---|---|
| Choose 6 credits from the following: |   | 6 |
| CHW4799                              | College of Health & Wellness Internship <sup>lc</sup> |   |
| DEE3999                              | Directed Experiential Education <sup>D</sup>          |   |
| Study Abroad <sup>Sa</sup>           |   |   |

### Related Professional Studies

|          |                                 |   |
|----------|---------------------------------|---|
| CAR0010  | Career Management               | 1 |
| CHM1011  | General Chemistry I             | 3 |
| CHM1016  | General Chemistry I Laboratory  | 1 |
| CHM1022  | General Chemistry II            | 3 |
| CHM1026  | General Chemistry II Laboratory | 1 |
| CULN2414 | Cooking for Health and Wellness | 3 |
| FYS1020  | First-Year Seminar              | 1 |

### A&S Core Experience

|   |   |                    |
|---|---|--------------------|
| Communications Foundation Courses   |   | 9                  |
| ENG1020   | Rhetoric & Composition I  |                    |
| ENG1021   | Rhetoric & Composition II   |                    |
| ENG1030   | Communication Skills  |                    |
| Integrative Learning  |   | 6                  |
| Two ILS courses, one at the 2000 level, one at the 4000 level               |   |                    |
| Arts and Humanities   |   | 6                  |
| PHIL3240  | Ethics: A Global Perspective  |                    |
| One course from ART, HIST, HUM, LIT or REL                                  |   |                    |
| Mathematics   |   | 6                  |
| MATH1030  | Precalculus (or higher, based on student's placement) <sup>**</sup> |                    |
| MATH2010  | Introduction to Biostatistics                                       |                    |
| Science   |   | 3                  |
| SCI1050   | Nutrition   |                    |
| Social Sciences   |   | 6                  |
| PSYC1001  | Introductory Psychology   |                    |
| One course from ANTH, ECON, GEND, LEAD, PSCI, RES or SOC                    |   |                    |
| A&S Electives   |   | 6                  |
| Two courses with an EASC attribute  |   |                    |
| <b>Free Electives #</b>   |   |                    |
| 12 credits selected from 1000-4999 numbered offerings within the university |   | 12                 |
| <b>Total Credits</b>  |   | <b>122.0-123.0</b> |

\* Students selecting to focus in Occupational Therapy, Physical Therapy or Physician Assistant should consult with their faculty advisor prior to registration.

\*\* Students that do not place in MATH1030 Precalculus, will need to take an extra course, MATH1020 Fundamentals of Algebra, as a prerequisite. If needed this will count as an A&S elective.

<sup>lc</sup>Typically, internships require a minimum of six credits. Students interested in a 9 or 12-credit internship can apply additional experiential learning and free elective credits, if available. Students are strongly encouraged to contact a faculty advisor before scheduling internship and free elective credits.

<sup>D</sup> Directed Experiential Education (DEE) opportunities are based on project availability with community partners and student eligibility. For more information, visit Experiential Education & Career Services (EE&CS).

<sup>Sa</sup>To be eligible to count toward Applied/ Experiential Learning, a Study Abroad offering must meet certain requirements. Contact JWU Global to discuss eligible Study Abroad options for this degree program.

# In addition to classes, free elective credits may be applied to a number of options such as internship, study abroad, Directed Experiential Education courses and courses in a specialization or minor as relevant. For students who qualify for the J2 program, up to four graduate courses may apply. Students are strongly encouraged to contact a faculty advisor before scheduling free elective credits.

Note: Students must pass MATH0010 Pre-Algebra or have equivalent placement scores to enroll in required math courses.

Note: Students must pass ENG0001 Writing Workshop or have equivalent placement scores to enroll in ILS 2000-level courses.

In collaboration with academic colleges across all JWU campuses, JWU Global Study Abroad programs offer a variety of international, domestic, and digital options for major, minor, free electives, experiential learning, and transferable courses. There are many affordable options for students during a semester, winter session, spring and/or summer breaks. Faculty-led, exchange, affiliate, and direct-enroll programs range in duration from one week to a full semester or full year. Financial aid may be applied, and some partners offer external scholarships. Premiere programs do not qualify for JWU scholarships or grants; however federal aid is available. Visit the study abroad website for information, program descriptions and online applications. Where will you go? Wherever you decide, make the best of your educational journey!

## Admissions Requirements

### Undergraduate

Johnson & Wales University holistically reviews all elements of a student's application to identify those students most likely to succeed at the university.

For students applying as a first-year student, a completed application and high school transcript(s) are required, except in circumstances where a student is homeschooled or where the traditional high school transcript is, for various reasons, not available. For students applying as a transfer student, a completed application, high school and/or college transcript(s) is required for admissions review.

Successful candidates for first year admission have taken a high school, college preparatory academic program including English, mathematics, science, social science and foreign language. Science programs require students to have successfully completed Chemistry or higher level science. Students who apply for admission and do not meet the requirements will be reviewed for admission into another science program. Admissions decisions may also consider individual experiences and particular circumstances unique to each student. Other considerations are made based upon recommendations, writing ability and extracurricular activities.

**Visiting campus**, both in-person or virtually, and interacting with admissions staff are all valuable ways of assuring that JWU is the right university for you.

## Accelerated Program Options

### Combined Degrees Programs

- Combined Degrees: Health Science B.S./Occupational Therapy O.T.D.
- Combined Degrees: Health Science B.S./Public Health M.P.H.

### J2 Program

The JWU J2 program allows qualified students enrolled in a matriculating undergraduate program to take graduate level courses at JWU. Students interested in pursuing this option should meet with their academic advisor to discuss their interest, qualifications, and plans. The undergraduate student may take up to four graduate courses (maximum 12 credits) and are limited to 6 credits a semester and 3 credits per session (Fall Session I and Fall Session II).

The completion of graduate credits to fulfill undergraduate program requirements does not guarantee acceptance into the graduate program after completion of the baccalaureate degree. Matriculating undergraduate students who wish to formally enroll in a graduate program, must fulfill all requirements for entrance into the intended graduate program and complete a graduate program application.

**Note:** Not all graduate courses are included as part of this policy. Courses offered as part of the Masters of Arts in Teaching, Masters of Education, Masters of Science in Physician Assistant Studies and doctoral courses are excluded from this policy and are restricted to program majors only. Additional courses and/or programs as determined by individual colleges may also have restricted access.

#### Eligibility Criteria:

To be eligible to enroll in graduate level courses (excludes: Masters of Arts in Teaching, Masters of Education, Masters of Science in Physician Assistant Studies, doctoral courses and other programs as outlined by the colleges).

Undergraduate students must meet the following criteria:

- Undergraduate cumulative GPA of 3.00 or higher
- Completed & registered undergraduate credits at least 90 credits
- Meet the individual course prerequisites

**Appeal to Eligibility Criteria:** College Dean or designee will receive a copy of the Petition Form, Student's GPS and email requesting appeal if the student requests to appeal the GPA or earned/registered credit criteria. College Dean / designee will review and determine approval.

These courses carry graduate credit and will replace undergraduate degree requirements when applicable, traditionally free-electives (maximum of 12 credits). The course will be applied to the undergraduate degree in the order in which they are taken (if required) and will also be applied towards both the students undergraduate and graduate GPA.

Students should maintain enrollment in at least 12 credits of undergraduate coursework to maintain full-time status; graduate course enrollment is not calculated into undergraduate full-time status. For students already attending full-time as undergraduates (12 credits or more) and paying the full-time tuition, the graduate credits will be included in full-time tuition fee. Students attending part-time (11 credits or less) will pay the cost per-credit undergraduate tuition for the graduate course.

Course registration will be based on space availability and students enrolled in graduate level courses will be required to maintain good academic standing at the undergraduate and graduate level.