

# Clinical Mental Health Counseling - M.S.

The Clinical Mental Health Counseling Master of Science degree program at Johnson & Wales University is designed to prepare graduates to serve the community as clinical mental health counselors after 18 months of full-time study. The primary goal of the program is to prepare master's-level clinicians with the counseling skills that integrate theoretical foundations of professional counseling into positive client interaction and intervention skills. The program emphasizes the development of attitudes, knowledge and skills essential in the formation of professional counselors who are committed to the ethical provision of quality services. In addition to the coursework required, students experience practicum and internship experiences under supervision of clinical professionals.

Upon completion of this program, graduates are expected to:

- Demonstrate professional proficiency and exhibit familiarity with professional orientation and ethical practices as advocated by the American Counseling Association (ACA) Code of Ethics.
- Illustrate the importance of multicultural issues in the counseling profession when working with diverse clients.
- Provide illustrations of human growth and developmental theories framed in the principles of assessment and appraisal.
- Demonstrate planning and implementation of career development practices and theoretical perspectives.
- Show command of counseling theories and how to conceptualize cases from a wellness perspective.
- Exhibit knowledge of group dynamics, group leadership, group development and the ability to apply these concepts in a variety of group types.
- Implement basic and advanced assessment techniques in the framework of helping relationships.
- Demonstrate the role of research in advancing the counseling profession.
- Articulate and demonstrate knowledge and skills necessary to identify and treat behaviors and situations and apply counseling theories, models and approaches to individuals and groups who face a variety of mental health disorders.

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## Clinical Mental Health Counseling

Master of Science

### Core Courses

CSLG5060	Counseling Theories	3
CSLG5100	Advanced Career Counseling	3
CSLG5150	Counseling Across the Lifespan	3
CSLG5170	Multicultural Counseling: Theories and Techniques	3
CSLG5250	Professional Orientation and Ethical Practice (Practicum 1)	3
CSLG5300	Individual Counseling Theories and Techniques I (Practicum 2)	3
CSLG5350	Health and Wellness Counseling	3
CSLG5400	Psychopathology and Treatment Planning	3
CSLG5450	Testing and Assessment in Counseling	3
CSLG5500	Advanced Group Counseling Theories and Techniques with Lab	3
CSLG5899	Counseling Practicum	3
CSLG6100	Advanced Co-Occurring Disorders and Addictions Counseling	3
CSLG6150	Individual Counseling Theories and Techniques II (Practicum 3)	3
CSLG6350	Mental Health Counseling for Families	3
CSLG6888	Counseling Internship I	6
CSLG6899	Counseling Internship II	6
PSYC5200	Advanced Neuroscience and Psychopharmacology	3
RSCH6150	Research and Theories in Mental Health Counseling	3

**Total Credits** **60.0**

Students who do not complete the 600-hour internship in the prescribed two semesters will schedule for CSLG6980 Clinical Supervision Advising - Post Internship. This continuation requires a Clinical Supervision Advisement Fee each fall, spring and summer semester until the 600 hours have been accumulated.