

Clinical Mental Health Counseling - M.S.

Curriculum

The Clinical Mental Health Counseling Master of Science degree program at Johnson & Wales University is designed to prepare graduates to serve the community as clinical mental health counselors after 18 months of full-time study. The primary goal of the program is to prepare master's-level clinicians with the counseling skills that integrate theoretical foundations of professional counseling into positive client interaction and intervention skills. The program emphasizes the development of attitudes, knowledge and skills essential in the formation of professional counselors who are committed to the ethical provision of quality services. In addition to the coursework required, students experience practicum and internship experiences under supervision of clinical professionals.

Upon completion of this program, graduates are expected to:

- Demonstrate professional proficiency and exhibit familiarity with professional orientation and ethical practices as advocated by the American Counseling Association (ACA) Code of Ethics.
- Illustrate the importance of multicultural issues in the counseling profession when working with diverse clients.
- Provide illustrations of human growth and developmental theories framed in the principles of assessment and appraisal.
- Demonstrate planning and implementation of career development practices and theoretical perspectives.
- Show command of counseling theories and how to conceptualize cases from a wellness perspective.
- Exhibit knowledge of group dynamics, group leadership, group development and the ability to apply these concepts in a variety of group types.
- Implement basic and advanced assessment techniques in the framework of helping relationships.
- Demonstrate the role of research in advancing the counseling profession.
- Articulate and demonstrate knowledge and skills necessary to identify and treat behaviors and situations and apply counseling theories, models and approaches to individuals and groups who face a variety of mental health disorders.

Fee each fall, spring and summer semester until the 600 hours have been accumulated.

Admissions Requirements

Please see a campus catalog for Admissions Requirements for this program.

Clinical Mental Health Counseling

Master of Science

Core Courses

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| CSLG5060 | Counseling Theories | 3 |
| CSLG5100 | Advanced Career Counseling | 3 |
| CSLG5150 | Counseling Across the Lifespan | 3 |
| CSLG5170 | Multicultural Counseling: Theories and Techniques | 3 |
| CSLG5250 | Professional Orientation and Ethical Practice (Practicum 1) | 3 |
| CSLG5300 | Individual Counseling Theories and Techniques I (Practicum 2) | 3 |
| CSLG5350 | Health and Wellness Counseling | 3 |
| CSLG5400 | Psychopathology and Treatment Planning | 3 |
| CSLG5450 | Testing and Assessment in Counseling | 3 |
| CSLG5500 | Advanced Group Counseling Theories and Techniques with Lab | 3 |
| CSLG5899 | Counseling Practicum | 3 |
| CSLG6100 | Advanced Co-Occurring Disorders and Addictions Counseling | 3 |
| CSLG6150 | Individual Counseling Theories and Techniques II (Practicum 3) | 3 |
| CSLG6350 | Mental Health Counseling for Families | 3 |
| CSLG6888 | Counseling Internship I | 6 |
| CSLG6899 | Counseling Internship II | 6 |
| PSYC5200 | Advanced Neuroscience and Psychopharmacology | 3 |
| RSCH6150 | Research and Theories in Mental Health Counseling | 3 |

Total Credits **60.0**

Students who do not complete the 600-hour internship in the prescribed two semesters will schedule for CSLG6980 Clinical Supervision Advising - Post Internship. This continuation requires a Clinical Supervision Advisement