First-Year Seminar (FYS) Courses

FYS1020 First-Year Seminar

This course encourages all first-year students to strengthen the connection between self-exploration and the transition to college while actively participating in the classroom and engaging with the larger JWU community. Identifying and developing their natural talents and skills helps students launch their undergraduate experience. Strategies to enhance personal health and wellness practices are presented so students can become engaged with the diverse and inclusive population at JWU. Students connect with the academic and campus community as they learn about institutional resources and self-select from a variety of co-curricular activities that reinforce course content.

Offered at Charlotte

1 Semester Credit