

Nutrition & Dietetics (DIET) Courses

DIET2050 Community Nutrition

This course examines the role of nutrition in promoting, maintaining and improving the health of individuals and groups in the community. The course provides students with a foundational understanding of the professionals, organizations and policies that influence community nutrition. Students are introduced to epidemiological research methodology, educational theories and other strategies in order to maximize their effectiveness while working with diverse and potentially vulnerable populations.

Prerequisite(s): DIET1010 or NUTR2001 or SCI1050. (OL)

Offered at Charlotte, Denver, North Miami, Online, Providence

4.5 Quarter Credit Hours

DIET3030 Nutrition Assessment

This junior-level course is designed to study the cultural, economic and physiological impact of food on the individual. Focus is on the measurement of techniques to evaluate nutritional status. Interrelationships between nutrition-related diseases and current diet recommendations are explored.

Prerequisite(s): DIET1010 or NUTR2001 or SCI1050, DIET2050, junior status.

Offered at Denver, Providence

4.5 Quarter Credit Hours

DIET3050 Life Span Nutrition

This course is designed to study the significance of nutrition at specific times of growth, development and aging. Focus is on understanding the role food plays from pregnancy to the elderly population. The relationship between nutrition and health is traced throughout the human life span. Students apply course content to situations relevant to both community and clinical settings.

Prerequisite(s): DIET1010 or NUTR2001 or SCI1050, junior status.

Offered at Charlotte, Denver, North Miami, Providence

4.5 Quarter Credit Hours

DIET4030 Medical Nutrition Therapy

This course familiarizes the student with the principles of medical nutrition therapy. The critical role of food and nutrients and their effects on various disease states is discussed. Students explore a variety of issues that may impact the management of existing diseases.

Prerequisite(s): BIO2041 or SCI2031, DIET3030 or NUTR3030, DIET3050 or NUTR3050.

Offered at Denver, Providence

4.5 Quarter Credit Hours

DIET4630 Advanced Medical Nutrition Therapy

This senior-level course provides the student with advanced medical nutrition therapy (MNT) theoretical knowledge and clinical nutrition skills required for postgraduate programs and advanced degrees in nutrition. Students utilize critical-thinking skills in solving complex medical cases that require nutrition intervention. Students research and apply a variety of evidence-based clinical nutrition practices. Emphasis is on the critical role of utilizing the standardized Nutrition Care Process in all aspects of Medical Nutrition Therapy.

Prerequisite(s): DIET4030 or NUTR4030.

Offered at Denver, Providence

4.5 Quarter Credit Hours

DIET4899 Advanced Nutrition and Dietetics Internship

This course provides the student with experiential learning in diverse clinical, healthcare and wellness settings. Students apply their theoretical and practical nutrition knowledge under the supervision of qualified industry and medical professionals.

Prerequisite(s): To be eligible for this internship, students must: 1) maintain a cumulative GPA of 2.0 during the entire pre-program application process, 2) have completed 130 hours of course work, 3) have successfully completed DIET4030 or NUTR4030.

Offered at Denver, Providence

13.5 Quarter Credit Hours