

Nutrition & Dietetics (DIET) Courses

DIET2070 Lifespan Nutrition

This course investigates the significance of nutrition throughout the lifecycle, including developmental stages, growth and aging. Students examine the role of specific nutrients in each life stage, from preconception through older adulthood. Meeting nutritional requirements as well as the relationship between nutrition and health throughout the human lifespan are emphasized.

Prerequisite(s): SCI1050.

Offered at Charlotte, Providence

3 Semester Credits

DIET3080 Community Nutrition

This course examines the role of nutrition in promoting, maintaining and improving the health of individuals and groups in the community. The course provides students with a foundational understanding of the professionals, organizations and policies that influence community nutrition. Students are introduced to epidemiological research methodology, educational theories and other strategies in order to maximize their effectiveness while working with diverse and potentially vulnerable populations.

Prerequisite(s): SCI1050.

Offered at Charlotte, Online, Providence

3 Semester Credits